

Community & Church News

Itteringham ● Little Barningham ● Wickmere

● Aldborough & Thurgarton ● Sustead

July/August 2022



Printed by Aylsham & District Team Ministry

Available to all households in the parishes of
Little Barningham, Itteringham, Sustead, Wickmere & Aldborough & Thurgarton

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Is there a local group or facilities that you think we should list here?

Let us know and we'll include them

For more information check out the Team Website

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	£15	£75

Little Barningham

Welcome to Little Barningham's July & August village page.

For this two months in one magazine, I have interviewed Sally, who lives at Richmond Cottage.

Sally lives with her husband Karl and their two children, on a 6 acre small holding in Little Barningham. They have lived there for 14 years renovating and restocking the land.

There are sheep, chickens, turkeys, 3 ducks, geese, cats and occasionally pigs, that all share the space. They also grow some of their vegetables and fruit and a hay field helps to feed the animals through the winter.

As a family they moved from Suffolk, (where they just had a few chickens), to Richmond Cottage where they could have more animals. The property was in a bit of a state when they first arrived but they have worked hard to get it into the shape it is today.

Sally was brought up on a mixed farm and has always enjoyed being in the countryside with animals around her. She says: "home isn't a home without an animal in it. I can't imagine life without animals around".

They have two rare breeds of sheep - Soay - a brown sheep, which is descended from a population of feral sheep from the island of Soay in the Western Isles of Scotland. It is a hardy and agile breed of sheep. The second breed are Wiltshire Horns, originally from Wiltshire. Both breeds are unusual as they moult naturally in the spring and don't need shearing; they are also very good mothers.

The sheep are very happy to graze on the land and the lambs are a cross between the two. Currently there are 4 lambs - all boys, their names are- Norman, Larry, Curly and Wurly. Sally breeds enough meat to generally keep them going throughout the year.



Along with the new lambs, there are 11 new Norfolk Black turkey chicks just hatched a few days before. The turkeys live outside and lay their eggs generally everyday throughout the season, March to September, in any favoured place - Sally says it's like an Easter egg hunt everyday trying to find the eggs. The turkey poults are inside the brooder for 3 weeks, they grow very quickly and then will go outside to a sheltered coop. They're very sociable birds and the male displays beautifully to anything and anyone, including the wheelbarrow.

I asked Sally what an average day looked like for her. She is up and about around 7am to feed all the animals, ensuring all is well, including checking/counting the sheep.

During the day there is an assortment of duties to attend to, including egg collection, refilling of water, mucking out etc.

The cockerels are named - Maurice and Mighty White being just two and some of the chickens that have more of a character are also named.



Each evening there is another round of feeding and the animals that are put away are then shut away for the night.

Winter can be tough, on a couple of occasions they were snowed in for a week or two, but as long as there is enough food, all is ok.



I asked about holidays and these are very rare when you have animals who depend on you, although on the odd occasion when they do go away there is a lot of organisation that takes place first. So why live on a small holding with animals to take care of and lots of mouths to feed? Sally says "its a commitment that I enjoy."

There are plenty of hens eggs for sale, they do make the most wonderful cakes. Do give Sally a call first on 577535 if you would like to buy some.

St Andrew's Church, Little Barningham

Services at St Andrew's will be Sunday 10 & 24 July and 14 & 21 August at 9.30am. Do come and join.

Congratulations to Rose and Tom Carlston on the birth of their little boy Hector Allen Carlston and of course congratulations to new Grandparents Sally and Richard!!!!

Jubilee Community Sunday

What a great occasion the Jubilee Community Sunday was.

Twenty six people come along and enjoyed Jubilee cake, the Queen's favourite chocolate cake, John Jo's special 'tractor' cupcakes and much more.

The next Community Sunday will be on 3 July & 7 August, 10 till 12 in the Village Hall.

Come and join and enjoy good coffee/tea and cake!!



Pop Up Pub

The Little Barningham Pop Up Pub returns 19 August, 6pm till late. Venue - Church and church yard, chilli and puddings (vegetarian option will be available).

Do look out for the posters!!!!

If you can help with setting up on the Thursday evening, Friday morning or breaking down on Saturday morning, it would be gratefully received.

Parish Council

One of the councillors stood down at the last meeting which means we now have a vacancy to fill, would you consider joining the Parish Council, if so please contact me.

To see the latest minutes etc do take a look at the website: <https://littlebarning-hampc.wixsite.com/littlebpc>

Also, for families who live in Norfolk Coast, if you don't have access to a computer, you can apply through Digital Poverty Alliance for them to send you one from Currys – not as loan or rental, it's for your family, for good. To find out more do look on their website: <https://digitalpovertyalliance.org/tech4families/> Please share this information to anyone you think will benefit.

Mobile Library

The Mobile Library will be in the village on 7 July & 4 August at 12.05pm, located by the entrance of Ferndale Farm in The Street. This is a great resource for the village, do support it.

Facebook page

Just search Facebook for Little Barningham Community, do check it out. Do post anything that you think the residents of the village would be interested in.

Book Exchange

The Book Exchange continues, do take a look. "Take a book and leave a book."

I'm always looking for something to include in the magazine so if you have anything you would like to share please contact me, details at the front of the magazine.

Do share the magazine with others and if you would prefer to receive it via email please contact me and I will put you onto the mailing list.

Have a good summer and look out for the magazine in September.

Caroline

Wanted: plot of land locally to buy or lease suitable for planting a small orchard. Please call Tom on 587386 or email thomas.goodliffe@gmail.com



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Wickmere & Wolterton

This edition of the magazine will cover July and August. Time off for good behaviour.



First and foremost, a BIG thank you and well done to those that organised the Jubilee Tea Party - The weather couldn't have been better, and from the pics Lesley has sent, it was nicely attended. Well done to those Wickmerians who, once again, decorated their gardens with flags and bunting. Hoping you had some chance for time off and enjoy some of the long bank holiday? The coverage on the TV was amazing - now we all know what Her Maj carries in her handbag.... It was history in the making and something that will not be seen again for a VERY LONG time.

God Bless the Queen.



Just after I'd sent in last month's missive. The swifts and swallows arrived, one or two to start with, then they were joined by their travelling comrades and ever since the air has been filled with their callings. So lovely to see them, it's a real sign that summer is on it's way.

We have been lucky in the garden with the residents bringing on a second clutch of young. The 'flying school' (baby starlings) have been making their presence felt and heard very loudly, coming in like a cloud and hoovering up any morsel they can find. The blackbirds are also busy, encouraging new youngsters to forage for themselves. And, woodpecker jnr has been shown the ropes, on how to hang onto the peanuts and have his fill. Such a privilege to have all this going on just outside our windows. And, just today (17th June) I spotted a mummy partridge walking up the road, with 6 little balls of fluff with legs....there one minute and gone the next...

At the time of writing, those at school and college will possibly be finishing their exams!!! Not sure if there are any Proms this year, but if there is, have a lovely time. Good luck with the results of your hard work, and the tricky times you have had getting to this point in time. Good luck for the next step in your education too.

For those of you who just love to don the lycra and get out in the fresh air?? **The Norfolk Churches Trust Bike Ride** will be returning on **Saturday 10th September**. If you fancy picking up a sponsor form to cycle, walk, run! or drive then you can download one at www.norfolkchurchestrust.org.uk/bike-ride or you will be able to pick up a sponsor form from the Church, hopefully in mid-August. Good Luck and have fun.

There was a laughable moment the other week. Victory/Flagship made a flying visit through the village!! Supposedly on an estate check? A man in a van was deployed to follow up their complaint of a garden that was overgrown.....

This was Alan's house!!! Obviously, there is no communication at the office, otherwise they would've known they still own it and have put it up for sale!!! You couldn't make this up...

A special note to the team that produces the Aldborough and Thurgaton Village Magazine. Really hoping someone will step up and continue what is a brilliant mag - it's full of info, news and useful numbers etc.. So much hard work has gone into producing a little gem, fingers crossed all that effort won't be lost?

Many thanks to the farm for keeping the footpath from the back of the village hall and around the field cut and clear. It makes a much easier walk, especially if you have little ones. Anyone who walks/runs/cycles or has toddler and pushchair regularly will be well aware of the continuous amount of horse poo to be dodged, on the road from the village hall down to Janes'. If only they would move it into the bank out of everyone's way? I guess not.... So to cut across the field to miss this is a bonus.

The Filby site has had some work done!! The ground has been dug over and levelled, digging in all the slurry that had sat on top. The fattening sheds have been moved over. The mud bank has been reinstated along the Wickmere Rd. This means that access is restricted to the junction at Squalham and the gap in the field towards Dale Head. They have also built a large wall of manure!... The Highways were sent out, yet again, to uncover the triangle and road markings at Squalham. They must feel this is like painting the Forth Rd Bridge!!!

There has always been something unusual to see on my trips back and forth daily. BUT, choosing a different route out the other evening I had to do a double take, not the usual pheasant/partridge/deer etc...Oh no, A TURKEY!! large as you like just standing on the side of the road!!! Not seen it since...

Are you up for a Summer Challenge?? Next time you're out in traffic, look out for the newer Range Rover (the one with the horrible squashed rear window). If you see a white one - from the rear - just see if you can make out a Star Wars Stormtrooper head? - Good Luck.

Hoping you all enjoy a lovely Summer.

It's the 90th anniversary of the Great Flood of 1912

Sid and Edith Wilch had taken over the Walpole Arms earlier that year. This story was told to his granddaughter: Sid had been driving trams in Norwich but had bronchitis and was advised to move to the country. In August, it rained for 3 days and 3 nights non-stop and the pub being low got flooded. The 30-40 Norwich canaries they had brought with them were all drowned in the Cart Shed. The water rose to the top stair at the pub and they were all in the Club Room upstairs, Sid was about to cut a hole in the ceiling to get into the false roof when Mrs Wilch's brother noticed the water going down and could see the stairs. The old wooden bridge gave way, being blocked by boughs of trees and sheaves of corn; and they all helped to build the new bridge which is still there today.

Maggie

Nature Notes

Nature notes from the Mill and Around

After a month of quiet at the Mill whilst birds were nesting, there has since been a flurry of activity with birds in and out of trees, hedges and bushes collecting food for young. Fledglings have appeared on the bird feeders and some wait to be fed. We were awakened early one morning to the sound of knocking outside our bedroom window and on investigation saw a pair of greater spotted woodpeckers tapping on the brick work. What were they doing? Any suggestions welcome!

The blackbird eggs shown last month did hatch but sadly all five chicks had disappeared by day six of life. We do not know what took them, perhaps a squirrel or rat. There are successes to report on the water though where the mother duck still has two, now adult sized ducklings accompanying her and one moorhen with one chick has been seen. This is unusual for moorhens as we commonly see a number of them with young. The highlight one evening has been spotting the pair of swans on the pond near the village bridge caring for five signets. Whilst four of these were amongst the reeds, a fifth was having a ride on a parent's back and it popped its head up periodically for a preen and then snuggled back down into protective feathers. AND today as I post these notes the swans took their cygnets for an outing down the river Bure, across our lawn and onto the mill bi-pass stream which rejoins the river after the sluice gates:



Captured on web cam by the river have been the unexpected sights of a moor hen dragging off a live crayfish, a rook dismembering a live crayfish, a heron doing the same and a rat eating scraps of cray fish. We find crayfish parts on the drive and under hedges. Still no sightings of the otter which we had mistakenly presumed responsible for the crayfish catching.

Another webcam success revealed an unexpected guest to our newly planted flower border, that of a leveret. Each morning our cottage guests reported seeing the leveret walk past their window and I knew it was living amongst the *phlomis* beside our porch as I had seen long ears sticking up amongst the foliage and occasionally I saw it spring out and run to the hedge when startled. I thought the



leveret would go off to the fields to sample crops there but I guess the flower bed makes easy pickings for breakfast. Mixed emotions as it is a joy to see the leveret and an annoyance to have our new plants eaten.

Interested by the appearance of the leveret at the Mill I looked up facts on the Internet about the brown hare (*Lepus Europaeus*) and found that young are born with fur and with eyes open. They are left to fend for themselves from birth and live independently in a 'form' (in this case under our window). However, in the first four weeks of life young leverets gather with siblings at sunset to be fed by the mother. They eat tender grass shoots and crops. Well, in our case tender *lobelia and tagetes* (surprisingly).

I spotted a Chinese water deer on the meadows at Itteringham Common and a group of sparrows in a tree in a garden on New Road there. These are the first sparrows seen by me in many years, none come to the Mill garden and even the dunnock have been absent this year.

Many butterflies are around particularly tortoiseshell and red admiral and so far only one cabbage white butterfly serving as a prompt to get the protective netting up around the brassicas!

Lis Downs


photos by Peter Downs

Nature update

At Mannington oyster catchers failed to hatch eggs in decorative urn but are still with us around gardens. The seven cygnets continue to thrive but like the Mill noticed lack of moorhen chicks. Similarly, although many taken by heron some mallard ducklings survive. At the bird feeder still see lots of gold finches and the occasional dunnock with nuthatch and greater spotted wood pecker but less tits and no sparrows for years, Spotted fly catchers and swallows seen but no babies yet, Norwich School came this week June 13 and 14 and made some interesting 'pond dipping' catches. They found Great Silver Water Beetle larvae for only the second time here as well as Great Diving Beetle, Edible Frog tadpoles, Common Froglets, Dragon and Damselfly larvae. Libby Keen reports Norfolk Hawker on Scrape.

We are always interested to hear of wild life spotting by anyone visiting and will be holding some nature days this summer for families - check web site .

Laurel

YOGA	
Alice Martineau	
ITTERINGHAM	
Bure Valley Community Centre	
9.30am & 7pm	
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Gardening

Gardens are looking especially good right now. With this in mind I thought I'd share with you some of my favourite gardens to visit during the summer months. First off is Mannington Hall. The roses were looking wonderful on my visit in mid June, especially in the walled garden where the walls were dripping with perfumed blooms. Further afield I adore Wyken Vineyard Gardens and Fullers Mill, both in Suffolk. The latter is run by the charity 'Perennial', which provides support and advice to people working within the field of horticulture. It is the most peaceful of gardens filled with unusual shrubs and perennials, a real plantsman's garden. Wyken Hall garden combines everything I love in a garden, topiary, English garden borders and the most covetable pond with pontoon and Adirondack chairs to sit in. They also have some very fine hens and peacocks strutting about the lawns. Even further afield is Hampton Court Castle Gardens in Herefordshire. It's a little-known garden, that I visited last year and was completely blown away by. If you do make the trip, don't leave before you've found the hidden water garden, which you can gain access to via the viewing folly in the maze.

Things to do in your own garden during the summer:

If you want to increase your plant stock for free, now is a really good time to take cuttings. Propagating using vegetative cuttings will give you new plants that share all the characteristics of the parent plant, unlike propagating from seed where you won't always get plants identical to the parent plant. Vegetative cuttings are very straightforward to do.

Enjoy your gardens and any that you visit.

Rachel
backgardenflowers@gmail.com
07721 763552



St Andrew's Church Little Barningham

Friday 19 August 6pm till late



POP UP PUB

Chilli & Puddings

(vegetarian option)

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Any monies raised will be donated to St Andrew's Church Little Barningham

Paper Mache Pots

What about making your very own pot from recycled magazines



- A plastic container to form the base of your paper mache pot. Ensure the sides are smooth and that the opening of the container is wider than the body
- Magazines
- PVA based craft glue
- Water
- Plastic food wrap
- Masking tape



- Prepare your magazine pieces.
- Cut or tear your paper into approximately 2cm squares/stripes/triangles/circles - any shape you would like.
- Prepare the pot by wrapping plastic food wrap around it.



- Dilute the glue with a little water to make it runny.
- Starting at the base - dip each piece of paper into the glue and layer onto the container. Smooth down.
- Ensure to overlap the pieces and cover the pot with one complete layer.



- Repeat 3 times more, remembering to keep smoothing the paper.
- Allow the pot to dry thoroughly, this could take up to 48 hours.
- Once dry, gently pull out the pot and the plastic food wrap.
- Trim the top edge.



And Voila, your paper mache pot is done.

All that is left to do is fill it with.....



How do we know that the ocean is friendly?

It waves!



Summer!

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 V A S O O A V K L O U T D O O R S
 A H G I W N U S I S U N N Y L Q A
 W B K T E S H E A T Z S T N F S L
 N U F O R F A D X E Z U S C P A G
 W O R L S U O N S F M M Z I I N N
 R C E F I N Z S N S F M C Y L D U
 N A X F G I M A C Q S E S V F C S
 F N S P N N G N H H W R H H L A P
 C O O L I T S D N E I R F O Y S M
 N E H N M H S A M B M K P L T T A
 A I A A M E N L N E S C X I E L C
 T N T E I S U S Q A U B T D Q E Q
 E G V C W U K M Z C I L D A O S H
 R I K O S N Z C E H T L E Y M U M



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|-------------|-----------|---------|----------------|----------|
| Flowers | Ice Cream | Holiday | Heat | Canoeing |
| Camp | Outdoors | Beach | Cool | Family |
| Flip-Flops | Friends | Fun | Fun in the sun | Happy |
| Hat | Hot | Lotion | Ocean | Sandals |
| Sandcastles | Summer | Sun | Sunglasses | Sunny |
| Swimming | Swimsuit | Warm | Water | Waves |

The way landline phones work is changing.

Our landlines are being moved over to work through your broadband internet box.

Some households in Little Barningham have already moved across and this apparently will be completed by 2025 throughout the country.

If you don't have a broadband internet box then you need to prepare for this change. Your phone company will be able to provide you with instructions and a device that will mean you can still use your landline phone. But if you do nothing then you might find that your phone stops working in a few years time.

The only issue is emergency calls. When this change happens you will no longer have power through the phone lines (in the past when power has gone off you could still make a phone call).

So, if you do not have a mobile signal in your home, you will need to contact your phone company to get a backup system in case of power loss. This is important if you need to make emergency calls or have devices like panic buttons or emergency help alarms that rely on phone lines.

If you have a monitored alarm that's connected to your landline (like a health pendant or monitored burglar alarm) you'll need to speak to your alarm provider before moving to Digital Voice.

Alarm providers are aware of the switch to Digital Voice and have a variety of solutions in place to make sure your services can continue. These might involve broadband or mobile technology; your alarm provider will discuss the best option with you.

I have looked around the internet and these devices should be made available free of charge if you are a vulnerable household.

Please pass this information onto anyone you think may benefit.

Caroline

THANK YOU

I would like to send out a big thank you to all the lovely people that have contributed to the Sock and T-Shirt collection.

It has been a blessing both to patients and to us as a team. Being able to offer clothes to patients means we can offer a whole person care package seeing to spiritual and physical needs.

We often have patients who are rushed in and only have they were sleeping in, we also have patients who have been living on the street and have no belongings.

As a team we want to thank you for partnering in this very important Gospel ministry please remember us in prayer as each day the clothes you supply are distributed.

Every Blessing

Rev. Adrian Woodbridge

On behalf of the Chaplaincy Team.

From Tony

Here's a photo of Reg, my splendid dog. Doesn't he look a fine fellow? But, oh dear! He's squishing bluebells in Blickling. If this is your first sighting of him, please don't tell anyone what he does. He's lying down as he'd been chasing a ball along the paths and was exhausted. And anywhere is comfortable for a dog.



If you have met him, maybe your very first impression wasn't too enthralling. When he sees anyone approaching the house, he barks – he's clearly a watchdog of the highest calibre – and then bursts out to greet the newcomer by – erm, ummm – jumping up at them. I can assure you that it is not aggressive, intimidating or frightening. Well, it shouldn't be for he is such a friendly tail-wagging dog. He just wants to get to know you. Really know you. He wants to be your friend, and you to be his. He's trying to make a good impression on you.

Recently, I drove into Sheringham, and what a first impression you're given. There's a sign that says "Axe throwing and escape rooms." As a gentle soul from peace-loving Manchester*, the thought of fighting with an axe and trying to escape fills me with utter dread. How can anyone find pleasure or delight in such violence? It is not what Christians do.

Ah, ha! You may say. But aren't you supposed to "Fight the good fight with all thy might"? Or "Soldiers of Christ, arise." Warfare is assumed there, isn't it? Yes, but is it the kind of physical fighting that is so, tragically, happening in Ukraine? No. As Christians, we use words and our own way of living to encourage people that there is a good, positive, better way of living. It's not always easy, but *wesoldier, erm, battle, oops*, go on for we know that God is with us. It's more than the first impression that concerns him.

* OK, there was the Peterloo Massacre in 1819, but **they** started it.

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Felbeck Trust in Sustead

The Felbeck Trust, which has 4 sites in Sustead, was founded in 2016, with its mission 'to restore and improve the Norfolk countryside for the benefit of wildlife and to provide places of peaceful enjoyment for the local community and visitors alike'. In January 2017, the National Trust offered Felbeck Trust a ten-year tenancy of Sustead Common, a small triangle of land bordering the north side of Gur Beck (known to many – incorrectly! – as Scarrow Beck); and, in the same month, the NNDC offered Felbeck Trust a ten-year licence to manage the Surveyor's Allotment on the south side of the same beck. The two sites, on the east side of the road between Sustead and the Aylmer-ton Field Study Centre, comprise an area of around an acre and a half and are open to everybody, with dogs on leads. Later, the trust added the roadside nature reserves to its responsibilities. On either side of the road, no council mowing takes place – instead, the Trust scythes and clears these verges as and when appropriate. Sadly, every year, wider and wider farm vehicles eat into these verges, but our few spikes of early purple orchids are still surviving!

In 2019, the Trust raised the money to buy a 5-acre wood, known as Spurrell's Wood (named after Richard Spurrell of Thurgarton Hall, who had it planted in the early 90s), on the other side of the road. Most of this woodland is open to the public, but no dogs are allowed at any time, so as to leave ground-nesting birds and their habitat undisturbed. There is a small splinter of land in the wood, to the north of the beck, which is not open to the public: it remains as wild and undisturbed as possible.

All of these areas (along with three sites in West and East Beckham) are maintained by a team of volunteers, who attend work parties roughly every fortnight. Cutting grass is done using Austrian scythes and we rake with wide, all-wood rakes. If anybody would like to become a Felbeck Trust volunteer, contact me, Peter Maingay, on petmai6@hotmail.com. You would be very welcome! And, if you would like to read more about us, look at felbecktrust.org.uk.

Above all, come and have a look. They are all lovely places, with a few benches to sit on and plenty of wildlife to view. Otters have been seen in and around the beck, but have not yet established a holt, as far as we know. Birdlife is plentiful and we see numbers of muntjac (sadly – speaking on behalf of the scrub they destroy), roe deer and squirrels, as well as the occasional stoat and weasel.

And a date for your diaries: on Saturday July 2nd, there will be a special event on the Sustead sites, a 'bioblitz', when members of the public can join with our species monitors to find and identify as many species as possible – bird, butterfly, moth, insects, bats, fungi, plants etc. There will also be guided walks, the opportunity to participate in identifying moths and mammals we trap overnight, and there will of course be refreshments, as well as a cake stall. In addition, we will be carrying out bat walks on the evening of Friday July 1st, and doing some moth trapping and identifying that same evening. If you would like to come along to either of these evening activities, please contact enquiry@felbecktrust.org.uk to book your place. The findings of our bioblitz will be published in the next issue of the FT newsletter, which you can have a copy of (and back issues) if you contact me.

Sustead Church Tower Ascents

On the jubilee weekend, we had a successful visit up the Tower after the Platinum Jubilee service in Sustead. 25 brave souls got to the top - the rain held off - and we plan to open it again, maybe in July, with a Cream Tea available! Donations go to the church.

Village Green Wild Flowers

Back in October 2021, a small party mowed the village green and removed most of the grass, making use of Simon Burrough's Grillo cutter. We then sowed the green with wildflower seeds, including yellow rattle – a plant that attaches itself to the roots of grasses and restricts their growth, thus providing a better habitat for wild flowers. Some doubt was expressed at the time to the vigorousness of the haircut – but Simon was right! Right now, the green is full of flowering yellow rattle, cornflowers, corn cockle, oxeye daisies and corn marigolds. A similar patch was prepared alongside the village hall, but that was mowed early to make way for what would have been an outdoor jubilee party – which actually took place inside the hall, thanks to the inclement weather.

Many thanks to Simon for his help and to all the other volunteers who worked on the green and the area around the village hall.

Church Services in July

Sunday, 3 rd July	Wickmere Aldborough	9:30am 11am
Sunday, 10 th July	Little Barningham Itteringham Aldborough	9:30am 11am (Morning Prayer) 11am
Sunday, 17 th July	Sustead	10am
Sunday, 24 th July	Little Barningham Itteringham	9:30am 11am
Sunday, 31st July	GROUP SERVICE at LITTLE BARNINGHAM at 10am	

Church Services in August

Sunday, 7 th August	Wickmere Aldborough	9:30am 11am
Sunday, 14 th August	Little Barningham Itteringham Aldborough	9:30am 11am (Morning Prayer) 11am
Sunday, 21 st August	Sustead	10am
Sunday, 28 th August	Little Barningham Itteringham	9:30am 11am

Further details from The Reverend Tony Lynn 01263-735524

Church News

Church Services July and August:

- Sunday 10 July, Morning Service at 11.00 am.
- Sunday 24 July, Holy Communion, at 11.00 am.
- Sunday 14 August, Morning Service at 11.00 am.

Sunday 28 August, Holy Communion at 11.00 am.

The Group Service on the 31 July is at Little Barningham.

Every 5 years the Diocese arranges for the Church Architect to inspect each Church (Quinquennial Inspection and Report) and they make recommendations about any work that needs to be carried out. Last year the Quinquennial Report recommended that we carry out repairs to the Church Porch. We hope these repairs will be carried out in mid-July. It may mean access to the Church will be restricted for the week.

Itteringham May Fayre

It is very much a community event, with very generous support from the village and many others - donations, helping on the day and coming along. I said I would let you know how we have decided to spend the amazing amount of money raised. After discussions in the PCC and with Laura and Tony we retained £4000 (a contribution to the Parish Share which is £5000), gave £1500 to the Village Shop, gave £1500 to the Village Hall and donated £350 to First Aylsham Scout Group who did a brilliant job with the car parking (along with Mel who opened their field) and helping in the Village Hall and £200 to the Aylsham Community First Responders. Once again, many thanks to everyone for all the support for the May Fayre.

Platinum Jubilee Crab Apple Tree – a celebration in the churchyard at 12 noon on Sunday 10 July

As I mentioned in last month's CCN a crab apple tree in celebration of the Queen's Platinum Jubilee has been planted in the churchyard. Tony has organised a plaque to commemorate the Jubilee and Hazel Barnes (who has lived in Itteringham since she was three weeks old) and Seb Skinner (Helen and Matt's youngest) are going to jointly put up the commemorative plaque. Weather permitting teas/coffees and cake and other refreshments in the churchyard, otherwise the Village Hall. Everyone welcome. Please do come if you can.



Village Hall News

The Village Hall Committee comprises Charles Skinner (Chair), Rachel Sidell (Treasurer) Matt and Helen Skinner, James Fowell, Mel Atkins (Parish Council rep), Guy Wickham-Brown and Sandra Morris. The trustees are James, Rachel and Helen.

As many of you will have noticed the number of people parking behind the Hall has increased considerably over the last couple of years. The Committee have put up a donation box at the rear of the Hall and so far it has raised £75 for Village Hall funds. Plus: the toilets are being repainted at the end of June/early July; a baby changing facility is to be installed; and two 3-seater benches and two picnic benches are being delivered in June.

Following the second power cut (!) last week the Village Hall fire alarm suddenly went off. Ace Fire came out the next day and I am pleased to say it has now been fixed.

A date for the diary - Village Hall AGM will take place on Wednesday 12 October.

Village Shop and Café

Shop opening hours - from 9.00 am until 5.00 pm Monday to Saturday, and 9.00 am to 4.00 pm on Sundays. **The Post Office** is open Monday and Thursday from 9.00 am to 1.00 pm.

Orders - do please call in or ring the Shop if you wish to place an order for bread, fresh vegetables, milk, fish, meat or other items (01263 587325). Orders for fresh fish need to be with the Shop by 12 noon on Wednesdays (please note C&A Seafoods will only deliver if the Shop places a minimum order for £30). Artisan bread from Bread Source is available on Friday and at the weekend. A list of the breads and pastries we can order is available in the Shop.

The **Shop AGM** took place on the 8 June. The Chair gave her report, the Shop 2021 Accounts were approved, John Kitson and Peter Withers were elected members of the Management Committee along with Sandra Morris, Mike Hemsley, Terry Palmer, Gil Stead and Alison Davidson and Geoff Thompson won the raffle. And then we moved swiftly on to the refreshments.... Many thanks to all who came.

A reminder for ICA members – the ICA annual membership subscription of £20 was due at the end of May. If you have not yet paid can you please see Penny in the Post Office or make a bank transfer (details in members update letter).

100 Club – June 100 Club winners – we will put up a notice in the Shop.

Dates for the diary – Mike is kindly organising a film night for Friday 14 October – please look out for more information nearer the time in the Shop. We hope to have Open Gardens next year on the 18 June. I would be most grateful if you could let me know if you would be prepared to open your garden or help in any way. Thank you.

Parish Notice Board - please do look out for the latest Parish News including the date of the next Parish Council meeting. Parish Council meetings are open meetings, and villagers are welcome to attend.

Mobile Library - The next dates for the visit by the mobile library (parked opposite the Rectory) are 7th July & 4th August 2022 at 11.20.

Itteringham Book Club – mixed feelings about *Line of Beauty* by Alan Hollinghurst (which took us back to the 1980s). We agreed it was well written (lots of literary allusions) and quite comic in places but some of us also found it quite repetitive and a bit tedious. This month the Book Club choice is “*Exposure*” by Helen Dunmore.

Finally, well done the Common for holding a fabulous Jubilee party. And a few of us enjoyed a lovely Platinum Jubilee Afternoon Tea at Mannington.

Please let me have any Itteringham news you would like to include in the Itteringham update.

Thank you and keep safe

Sandra



Friends enjoying Mannington Afternoon Tea on the Platinum Jubilee Day

If you enjoy reading this *Community and Church News* please pass it on or you can request additional copies via your village contact.

If you have any articles or photos you would like including then please do get in contact with your village contact shown inside the front cover.

Please also be aware that there are costs associated with printing hardcopies so if you are able to receive a copy via email then that will reduce costs. Thank you.

Itteringham Common

Itteringham Common Celebrates the Platinum Jubilee

The sun shone on Itteringham Common as its residents celebrated the Platinum Jubilee with a street party on Friday 9 June. No one could remember there being a street party in The Common, so it was an historic occasion in more ways than one. Everyone on and around The Common came together to hang bunting, set out chairs and tables, and contribute dishes to the delicious spread. We'd like to thank everyone who helped make this a really enjoyable and memorable afternoon, but extra special thanks to Vonnie Daykin for making it all happen.



THE FALL OF SINGAPORE AND THE THAI/BURMA RAILWAY

The continuing story of the time Fred Hoskins spent as a prisoner of war of the Japanese, written in 1992 and told in his own words.

We arrived at a large concrete building which proved to be Selarang Barracks and were roughly searched, our few possessions thrown on to the ground. The bottle of beer placed on the ground a few feet away. I was searched, and I then retrieved it. I collected together my worldly possessions, some handkerchiefs, a blanket, a bottle of Bovril, a piece of candle and my mess tin with knife and fork. I also had the clothes I was wearing and my Australian Bush hat.

We were ordered to the top floor of the building and an iron gate shut on us with an armed guard posted just outside. With the others already there, there must have been three or four hundred of us. We sat or lay on the floor. At the far end were the latrines. There was no water in the taps and the toilets were blocked and overflowing. At rare intervals, the guard allowed a bucket of water to be collected from outside and much of this would be spilled as everyone crowded around. I got a little in my mess tin and added the Bovril. The bottle of beer was soon gone, and we stayed there three days.

On the ground floor were Japanese troops. On the first floor were Free Indians (ones who had transferred their allegiance to the Japanese). The word circulated that the Japanese had told the Indians that we had let them down and urged them to throw a hand grenade in among us. There was nothing we could do except lie on the floor and keep quiet.

During the three days, a sack of flour was given to us and some kind of dough made, I had three slices during that time. On the morning of the third day we were made to parade under guard with fixed bayonets and told we were to walk to Changi by the coast road. We were to be imprisoned in a camp there. We set out in a long straggling column, four soldiers abreast and the escorting guards arranged themselves on either side. The pattern was to walk for fifty minutes, then rest for ten minutes, then to continue in this fashion, for two days. As we had not eaten properly for three days, this seemed a superhuman task.

Our route took us through kampongs (native villages) and from every window hung improvised Japanese flags, usually a white sheet with a red blob in the middle. We didn't blame the natives who watched in silence. They couldn't believe that the invincible British army had been defeated. Occasionally a small loaf would be thrown into the column and hurriedly concealed from the eyes of the guard.

We spent the first night, weary, with blistered feet, in some bungalows where there had obviously been some severe fighting. Wall mirrors were smashed, and the floors littered with smashed furniture and other debris. Some sort of meal from cans was provided but there was only the occasional drips of water from the taps. We had covered about half our journey.

The following day, we formed the same straggling line but many were in poor condition as we shuffled along. Even the armed guards now seemed indifferent as they too plodded along. They knew we were too exhausted to try to escape. The ten-minute breaks seemed further apart. We came to a hill and Sergeant D, who suffered from asthma and was red in the face from heat and general exhaustion said to me, "Staffy, if we stop before we go up this hill, I'll be alright, but if we don't, I'll have to fall out." I was glad of an excuse. "If you do, then I shall too." We continued up the hill and Sergeant D stepped out of the line and into the coconut groves at the side of the road. I did likewise and our disappearance went unnoticed by the guards who plodded on with their heads down.

More again from Fred in the next issue....

Aldborough and Thurgarton

www.aldboroughparishchurch.org.uk

Facebook: Aldborough Parish Church. Norfolk

Church Services

3rd July 11.00

10th July 11.00

7th Aug 11.00

14th Aug 11.00



Continuing the fond memories of Margaret and Geoffrey Foot of Little Barningham.....

24 years in Little Barningham (Part 2)

No account of our time in Little Barningham could leave out the village post office and shop – now very much a beautiful conversion, the Old Post Office. It would have been the perfect setting for a Victorian film. My first visit. “Please may I have a loaf of bread?” Mrs Willis, “We don’t sell bread.” “Please may I have a tin of dog food?” “We don’t sell dog food, only cat” etc etc. I came away with nothing. But an hour later 4 lovely hot bread rolls appeared. She was the centre of the village. There were books to exchange as well as her limited food supplies and post office duties. Money was kept in a chocolate box under her bed (she said). I doubt any of the house or shop were ever swept. She fed sultanas to the blackbirds who hopped in and out of the shop. The building and garden were gradually rotting away, the former almost disgusting. On one occasion Geoffrey had to get a ladder in answer to her plea she was locked out of her bedroom. On trying to open the window the whole frame fell out. When digitisation came in she packed up the post office and so missed being the centre, every Saturday she cooked masses of cakes and sausage rolls. Along with these and sweets for the children she was assured of visitors. She never drank tea. When she became chair bound, then bed bound she asked for it constantly. She once tackled me with her indigestion. What, I asked did you have for breakfast? She told me two slices of Christmas cake with lots of butter and marmalade. When I suggested this was a bit rich, she flew at me, telling me it was her own make with good ingredients. She was a tremendous character and the village was a lot poorer without her.

I went back to work mainly in Holt and Aldborough surgeries and was thus able to be of use occasionally in a professional capacity. Along with the livestock, playing and having organ lessons, life was busy but so happy. The copse came when Robin Walpole decided to sell it. 3 1/2 acres of pine trees he had helped plant, grown for matches, now no longer needed. With the help of the Woodland Trust this was transformed to a mixed woodland, the pine trees sold for pallets. Geoffrey’s joy to maintain making paths and looking after the pond. Our two, often 3 retrievers loved it. Bonnie, our weekly border, usually being chased across the field with the gander hanging on to her tail.

These are just a very few of my memories. We have made lifelong friends. Laurel Farm did get too much for us, needing repairs and updating. We were too far from our girls should there have been a crisis. Our grandchildren were devastated when we left. So were we.

MANNINGTON ESTATE

WALKS open daily with boardwalk, bird hide and arboretum

GARDENS open Sunday, Wednesday, Thursday and Friday 11-5

Garden tearooms with light lunches and delicious teas, shop and plant sales on open days

EVENTS – see website for details

Include: *Cawston Brass Band Concert - Musical Theatre - July 23rd*

Art Today Exhibition July 27th to August 28th Art for All Ages Day July 30th

Rain or Shine Theatre – The Recruiting Officer August 20th

Charity Day Step Back in Time with Norfolk Knitters and Stitchers September 4th

Weddings and Parties of all kinds – just ask

www.manningtonestate.co.uk admin@walpoleestate.co.uk 01263 584175

Mannington Hall Norwich NR11 7BB

Children's Gardening

The next generation of keen gardeners are welcomed warmly at Mannington. They have their own garden with its sensory barefoot experience, pond, wildflowers with wildlife areas and insect and hedgehog homes.

For **National Children's Gardening Week** (and beyond) we are providing a special planting area with potting table and tools, free seeds and pots and sunflower growing. Seating nearby for parents and grandparents!

When tired of all this activity, also **playground** with climbing frames and **Enchanted Path** as well as all the garden to explore with its ever-popular ladybird trail.

In the Garden Tearoom more activities and sweet and savoury snacks.

ITTERINGHAM VILLAGE SHOP AND CAFE VOLUNTEER

Becoming a volunteer is a great way to meet new people, learn new skills and for some of our volunteers has led to paid employment (or "can be a route back to work"). We support all our volunteers to take Level 2 Food Safety and relevant allergen training.

Role:

As a volunteer you would be expected to take an active role in all aspects of the working of the shop and cafe. You will be involved in serving in the shop and cafe, including making coffees and teas. There are also tasks relating to stock control. You will, at all times, be working with a paid shop manager who will train, [guide](#) and support you.

Time commitment:

A volunteer shift is normally 3 to 4 hours per week, ideally on the same day of the week as agreed by you, but not essential, as we can be flexible.

About the organisation:

The Itteringham Village Shop and Cafe is a community organisation. There has been a shop on this site since 1637. Since 1994, it has been run by local volunteers, and more recently by a mixture of paid staff and volunteers. Our volunteers are an important, essential and valued part of our enterprise.

How to apply:

If you are interested in this role and would like to apply or would like more information, contact the Volunteer Hub at Merchants' Place –

E: volhub@merchantsplace.co.uk

T: [01263 519454](tel:01263519454)